

March 2010

Aviano A&FRC Newsletter



**Airman & Family
Readiness Center**
0434-30-5407

The Air Force recruits Airmen and retains families. The intent of this newsletter is to keep the military community abreast of the ever-changing issues and build a sense of community; comments are welcome.



Air Force changes process for civilian job seekers

Air Force civilians will be required to follow new procedures when applying for some jobs at air bases in Europe and two air bases in Texas and South Korea.

Starting as early as mid-February, those applicants should apply through USAJOBS, the job site of the federal government, according to a news release issued by the Air Force Personnel Center.

The change affects civilian employees applying for jobs at any of the Air Force bases in Europe, Goodfellow Air Force Base, near San Angelo, Texas, and Osan Air Base in South Korea. It applies only to jobs staffed through the Air Force Personnel Center, not through other Air Force agencies.

The USAJOBS site allows applicants to create and save up to five resumes and select which one they want to submit online for a particular job.

The personnel center will screen applicants based on resumes instead of career briefs and job-experience skill codes, officials say. Applicants can track when their application is received, when it's being assessed, and if it's referred to an official making the selection.

Air Force employees can find jobs open to them by looking for the phrase "Current Permanent Air Force Employee" on jobs advertised in USAJOBS.

USAJOBS can be accessed by computer or smart phone using a username and password. For more information, employees can call the Air Force Total Force Service Center at (800) 525-0102.

Employees currently apply for jobs through the Air Force Civilian Employment Self-Nomination Application found on the personnel center's Web site.

Save the Date Events and Classes

- March 2nd: Money Talk from 2:00 PM to 3:00PM
- March 3rd: Sponsorship from 3:00 PM to 4:00 PM
- March 9th: Key Spouse Meeting from 10:30 PM to 11:30 PM at the Community Center
- March 9th-11th: Transition Assistance Program Workshop from 8:00 AM to 5:00 PM
- March 12th: Volunteer Orientation from 10:30 AM to 11:30 AM
- March 16th: Financial Planning & Investing 101 from 2:00 PM
- March 17th: Sponsorship from 3:00 to 4:00 PM
- March 23rd: Employment Class from 8:00 AM to 12:00 PM



NMFA's Operation Purple

The National Military Family

Association (NMFA) Operation Purple camp offered near Ansbach, Germany, 11-17 Jul 10, for youth ages 9-12.

Registration for Operation Purple camp begins March 15, 2010. Applications will only be accepted online. Sign up at www.operationpurple.org to receive email notices and camp updates. Each camp is "purple and open to children of service members of any branch of Service, active duty, National Guard or Reserve, as well as children of members of the Commissioned Corps of the Public Health Service and National Oceanic Atmospheric Administration.

Camps are free to all participants' thanks to support from the Sierra Club and The Sierra Club Foundation.



Air Force Assistance Fund Drive, Help Airmen NOW!!!

The 2010 Aviano AB Air Force Assistance Fund Drive will run from 8 March to 16 April 2010. Capt Shelley Morris is the 31 FW Installation Project Officer and SMSgt Robbin Rooney, Assistant Project Officer for the AFAF Drive and their team of volunteers will be collecting donations for the: Air Force Aid Society, Air Force Enlisted Village Independent Widow's Fund, Air Force Village Independent Widow's Fund, and the General and Mrs. Curtis E. LeMay Foundation.

Year of the Air Force
Family



Chill Drills A Stress Management Tool

The stress of combat and other traumatic situations can linger long after your deployment has ended. Back home, it takes time to adjust. It can be hard to sleep, hard to talk, hard to be patient -- with yourself, your family and friends, even with cars and trucks on the road. Many of these feelings lessen with time. Meanwhile, you can teach yourself to relax more by using this recording.

In this recording, Heidi J. Bauer, MSW, LCSW, an Army Family Team Building instructor at Fort McCoy, leads you through four drills that will train you to recognize and control your stress. These drills will help you:

- Relax your mind by tuning into your body
- Release your stress
- Ease your back pain
- Get to sleep

Chill Drills is available as a pocket-sized, pre-loaded, battery-powered MP3 player so you can listen anywhere, any time. Use these drills before, during, and after your deployment to stay calm and focused throughout. Check it out on www.militaryonesource.com



Friuli Venezia Giulia

Go to <http://www.turismofvg.it/en-US/homen.html> to keep up with all types of events going on in the region. In the upper right-hand corner of the page when the site launches, you can select to view information in English.