

NEED TO TALK?

Military & Family Life Consultants are here to listen.



Military & Family Life Consultants (MFLC) are available to help service members, spouses, family members, children and staff address:

- Deployment / reintegration support
- Marriage and relationship issues
- Stress and anxiety
- Depression
- Grief and loss
- Daily life issues

Consultations and trainings are **free** and **anonymous**. (Exceptions to confidentiality include duty to warn cases) **No records are kept.**

Helping you is our priority. After-hours and weekend appointments are available and group or off-site meetings can be arranged.

**SCHEDULING AN APPOINTMENT IS EASY.
CALL THE AVIANO MFLC AT 349-5666-285.**