



Aviano Spouses Newsletter

March 2008

Community Phone Numbers

Adolescent Substance Abuse Counselor . . .
.....0434-30-5447
Airman and Family Readiness Center . . .
.....0434-30-5407
Chapel 0434-30-5211
Command Post (after hours # for Chapel,
Life Skills, AFA, etc).....0434-30-3100
Fire Department 0434-30-8911
Law Enforcement Desk . . . 0434-30-7200
Life Skills Support Center . 0434-30-5321
Clinic Appointment Line. . . 0434-30-5000
Military OneSource 800-342-9647
Red Cross 0434-30-5576
Sexual Assault Response Coord (SARC)
..... 0434-30-7272
Tri-Care 0434-30-5133
Military Family Life Consultant (MFLC)
.....0434-30-5029

Italian Community Contacts

Ambulance 118
Police (Carabinieri)112
Pordenone Hospital 0434-39-9211
Fire Dept 115

STAP Spouse Tuition Assistance Program

The purpose of the STAP is to provide partial tuition assistance for spouses of Active Duty airmen or officers, who accompany members to overseas locations and will be attending college programs. The program provides Tuition Assistance (TA) at a rate of 50% of unmet tuition cost per course. For more information see http://www.afas.org/Education/body_stap.cfm and http://www.afas.org/Education/body_grant.cfm

"Permanence, perseverance and persistence in spite of all obstacles, discouragements, and impossibilities: It is this, that in all things distinguishes the strong soul from the weak."

~Thomas Carlyle~

Save the Date Community Events

- March 10th and 24th: Money Talk Class at 1400 in the A&FRC
- March 16th – 18th : Primavera Bazaar at Hangars 1&2 and Wash Rack
- March 17th: Employment Class from 0800 to 1200 in the A&FRC
- March 17th: Sponsorship Class from 1400 to 1500 in the A&FRC
- March 19th: Spouse it Up at the Community Center at 10:30
- March 25th: Coping with the Challenges of Transitioning Home at 12:00 in Building 186
- Benvenuti Class and Field Trip each Thursday and Friday (Space A)

Give Parents a Break (GPAB)

The GPAB for March is on the **14th from 6:30 - 11:00 PM**. GPAB is an Air Force Aid Society (AFAS) program which recognizes that Air Force families are subject to unique stresses due to the nature of military life. AFAS pays the cost of child care for those who meets the qualifications. See the following link for more information: http://www.afas.org/community/body_break.cfm

Key Spouse Meeting

March 11th at 10:00 AM at the La Bella Vista Club.

Topic Items:

- Status of Forces Agreement
- Child Supervision Guidelines
- Employment

Relocating in the Next Year?

Military life involves moving - there is no way around it. Plan My Move, a powerful new set of tools to help you and your family make your next move a smooth one. Through Plan My Move, you'll have access to a Customizable Calendar, To Do Lists, Departure and Arrival Checklists and Overseas specific information. View the web-site for more information: http://www.militaryhomefront.dod.mil/portal/page/mhf/MHF/MHF_HOME_1?section_id=20.40.500.400.0.0.0.0

Employment & Volunteer Corner

The Nat'l Military Family Association's Joanne Holbrook Patton Military Spouse Scholarships are awarded to spouses of Uniformed Services members (active duty, National Guard and Reserve, retirees, and survivors) to obtain professional certification or to attend post secondary or graduate school. Scholarships range in amount from \$500 to \$1,000, and the number awarded each year varies depending on funding. Scholarship funds may be used for tuition, fees, and school room and board. Scholarship selection is based on your completion of some survey questions that will help NMFA advocate for education changes on your behalf, short-answer questions, and an essay question that will help us get to know you better. To be considered, your application must be completed by midnight March 15, 2008. See their website for more details http://www.nmfa.org/site/PageServer?pagename=Spouse_Scholarship

SPONSORSHIP

Where would you find the Right Start Schedule, the Extra Gas Ration Letter for Sponsors, the AFI Drivers Testing Material, and the Sponsorship Guide?

<http://afrc.avianoab.info/inbound-sponsors.html>

Personal Financial Corner

If you would like to create a financial plan or review your debt payment plan, call us at 0434-30-5407.

DOD DEPARTMENT OF LABOR OPPORTUNITIES

The Department of Defense and Department of Labor are joining forces to make military spouses aware of fast growing portable career opportunities in the field of Medical Transcription. Interested in medical transcription career field? Then see <https://cs.mhf.dod.mil/content/dav/mhf/QOL-Library/MilitaryHOMEFRONT/238549.html>

This Department of Defense program provides counseling and guidance on state-specific certification requirements, certification options, scholarships available, and state employment resources. The "Becoming a Teacher" program is offered in 14 states as well as the European and Pacific regions. For additional information, contact www.spousestoteachers.com

AVIANO COMMUNITY ENLISTED SPOUSES

The A.C.E.S. (Aviano Community Enlisted Spouses) Club offers 2 \$400.00 scholarships PER term to spouses, dependents or DOD Civilians in the Aviano community and former ACES members. These scholarships are intended to assist in offsetting the cost associated with pursuing a higher education. To compete for the scholarship, applicants must be a spouse, DOD Civilian or dependent. The applicant must be enrolled in a college course during the scholarship award period and complete the entire applications form, including the written essay. Checkout the ACES website or Ed Center for more info. Term 4 Applications accepted 24-27 March 2008. Scholarship Winner announced 31 March 2008. Go to http://www.avianoaces.com/files/application_07_08.doc.

Tax Help Available

If you are filing your own taxes and/or using a tax filing service, you may call a tax consultant at **800-730-3802** or [e-mail a consultant](mailto:tax@www.militaryonesource.com) at <https://www.militaryonesource.com/skins/MOS/home.aspx> to help you with your personal tax-related questions.

FREE CDs from Military One Source

Go to www.militaryonesource.com (registration required). Simply find a CD you are interested in, place it in the Cart and have it sent to you!

- Staying Strong as a Couple
- Finding Strength in Family and Community
- Parenting in the 21st Century
- Positive Discipline
- Talking with Your Teenager
- Talk, Listen, Connect: Helping Families During Military Deployment (DVD)
- These Boots: A Spouse's Guide to Stepping Up

Military Family Life Counselor (MFLC) Assigned to Aviano Air Base

The MFLC program is housed in the Airman & Family Readiness Center. Every 8 weeks a new consultant arrives. Consultations and trainings are **free** and **anonymous**. (Exceptions to confidentiality include duty to warn cases and PRP disqualifiers.) **No records are kept. Helping you is their priority.** After-hours and weekend appts are available and group or off-site meetings can be arranged. Call 349-566-6285 for more information.